

# 1. Introduction

## Real World Goals

- 
- 1. Adaptation Competition** Explore inspiring examples of youth-led adaptation from around the world through a creative competition. Think about actions relevant to your community. [45 – 60 mins]
- 

## Preparation

- 
- Materials**
1. Printed 'Adaptation cards' [Resources]
  2. Writing and drawing materials, e.g. paper, pens, pencils
- 

- To Do**
1. Write the following categories on flip chart paper:
    - Realistic
    - Participation
    - Youth-led
    - Creativity
    - Time! 3 minutes
  2. Invite 2-5 people to judge – teachers, community, parents
  3. Make a score card for each judge on a small piece of paper.



Group	Realistic 0-5	Participation 0-5	Youth-led 0-5	Creativity 0-5	Bonus points	Total
1						
2						
3						
4						

---

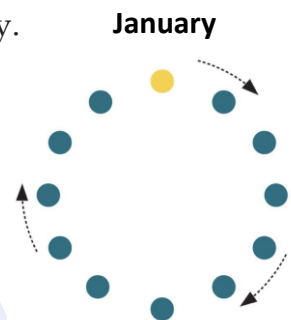
# Activity 1 – Adaptation Competition

## Set-up

1. Place the paper, pens etc. in the room for youth to use.
2. Give the judges their score cards. Explain the criteria and bonus points – if another team asks a good question they are awarded a point.
3. Stick the competition criteria on a wall, visible for all.

## Introductions

1. Stand on one side of the room. Tell youth this point is January.
2. Ask youth to make a circle ordered by the month of their birthday.
3. To win, youth need to do this in 1 minute!
4. Once in a circle, check if the order is correct.
5. Tell everyone your name and favourite place in your community.
6. Starting with January birthdays, ask youth to say their name and favourite place in their community. Continue in order.



## Instructions

1. Read the following statement:
 

*“Welcome to Y-Adapt! Y-Adapt stands for Youth Adapt. We’re going to complete 7 interactive sessions. Through games, fun activities and challenges you’ll learn what climate change is, its impacts around the world and how it may affect you and your community. At the end of Y-Adapt you’ll work together to make an action plan to adapt to climate change in your community. You’ll then have time to carry it out in real life, helping to make your community more climate resilient. We aim to capture your experiences on an adaptation card just like this one [show adaptation card], to inspire other youth around the world to take action!”*
2. Give each youth an adaptation card. 3 minutes to read the card.
3. Youth should form pairs. Give the pairs 3 minutes to:
  - a. Discuss each card and choose the one they find most inspiring.
  - b. Return the cards they did not select to the facilitator.

4. Merge the pairs into 3 large groups. Give the groups 5 minutes to discuss each selected adaptation card and choose the one they find most inspiring.
5. Explain that we will have an adaptation competition!
  - a. Each group presents their adaptation card in a creative way. Perhaps a role-play, song, dance, poem, letter or drawing?
  - b. 15 minutes to prepare before the competition starts.
  - c. Judges score the presentations on 4 criteria, worth 0-5 points each:
    - **Realistic (0-5)**                      How realistic was the action plan?
    - **Participation (0-5)**                Were all the youth in the group involved?
    - **Youth-led (0-5)**                    Was the action clearly youth led?
    - **Creativity (0-5)**                    How creative was the presentation?
    - **Time limit (0-5)**                    3 minutes. 1 point lost for each minute over
6. Presentation time! Each group presents their adaptation card.
7. Judges share 1 highlight from each presentation and announce the winner.



Competition time! Creatively present a youth-led adaptation

## Debrief

1. Ask the questions below. Youth can discuss with the person next to them:
  - a. Can you think of something similar between the adaptation cards?
  - b. Can you think of something different between the adaptation cards?
  - c. Which adaptation cards might be relevant to your community?

## Session 1 Closing

1. Congratulations, we've completed Session 1 of Y-Adapt!
2. We've seen youth-led climate change adaptation in communities around the world.
3. In the next session we will explore the causes of climate change and how it is exacerbating extreme weather events and hazards around the world.