

# 6. Choose your Challenge

## Real World Goals

1. **Action Plan** Use your learning to plan a community adaptation, guided by questions. [25 - 35 mins]

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2. **Reality Role-Play** Critically think through the action plan, challenges and solutions with a reality role play competition. [25 - 35 mins]

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3. **Choose your Challenge** Choose the action you want to implement in real life over the next 6 weeks and set up step-by-step logistics. [10 - 15 mins]

## Preparation

- Materials**
1. Printed 'Adaptation cards' [Resources]
  2. Printed 'Adaptation challenge cards' [Resources]
  3. Printed 'Photo diary' [Resources]
  4. Printed 'Blank adaptation cards' [Resources]
  5. Resource cards filled by youth in session 5
  6. Flipchart paper and markers

- To Do**
1. Invite 2-5 people to judge – teachers, community, parents
  2. Write the 'Adaptation challenge card' questions on flipchart
  3. Write competition criteria on flipchart paper visible for all: Relevance; Realistic; Challenges; Solutions; TIME! 5 minutes.
  4. Make a score card for each judge on small pieces of paper:

	Relevance (0-5)	Realistic (0-5)	Challenges (0-5)	Solutions (0-5)	Time (-1)	Bonus points	Total
Group 1							
Group 2							
Group 3							

5. Make an action phase time plan on flipchart paper.

Week	Activity	Lead person	Photo lead
1			
2			
3			
4			
5			
6			

# Activity 1 – Action Plan

## Set up

1. Divide the youth into 3 groups.
2. Lay out the top 6 resource cards that were chosen in session 5.
3. Lay out the adaptation cards from session 1.
4. Give each group an 'adaptation challenge card', paper, pen and flipchart sheet.
5. Stick the flipchart adaptation challenge questions up on a wall, visible for all.

## Instructions

1. Read the following: *'So far in Y-Adapt we have seen youth are taking action all around the world to adapt resources, or people, places and things, to extreme weather and hazards impacting their communities. We now know it is crucial to act now because climate change is causing hazards and extreme weather events to become more frequent, and more intense, across the world, both today and in the future. As a group, you identified which hazards and extreme weather events have the greatest impact in your community. You also prioritised the resources in your community that are most vulnerable and important to adapt, whilst thinking about the interconnected systems that could be affected. In this session you will now design action plans to adapt the priority resources in your community.'*
2. Explain that the next 6 weeks is the 'Action phase of Y-Adapt!' This is when you will take real life, youth-led, action in your communities to adapt.
3. Ask each group to choose a resource from the 6 they prioritised in session 5.
  - a. It should be the resource they think is most important to adapt to extreme weather and hazards in their community.
4. Ask a volunteer to read out the questions on the 'adaptation challenge card'.
  - a. Explain that these questions are to guide their action planning.
  - b. Highlight that the action plan should be step by step and realistic for them to implement over the next 6 weeks in their community.
5. Point to where the adaptation cards from session 1 are laid out.
  - a. Youth can use these as ideas to inspire their own adaptation planning.
  - b. Remind youth that there are step by step actions on the back of the cards.
6. Groups have 20 minutes to answer the 'adaptation challenge' questions.
  - a. Answers should be recorded on flipchart paper.
7. After 20 minutes each group should share their ideas with the whole group.

## Activity 2: Reality-Role-Play

### Set up

1. Give the judges their score cards. Explain the criteria and bonus points – if another team asks a good question they are awarded a point.
2. Stick the competition criteria on a wall, visible for all.
3. Stick the action phase timeline on a wall visible for all.

### Instructions

1. Each group should look at their 'adaptation challenge' answers and identify a key supporting group or stakeholder involved.
  - a. For example: Perhaps they need approval from teachers for actions at school, or support from local council for actions in the community? Or perhaps they need to propose their idea to a specific organisation to ask for funding?
2. Each group should divide in half. They should choose:
  - a. 1 sub-group to be themselves – 'youth' implementing their action plan.
  - b. 1 sub-group to act as the 'support' group involved.
3. For each group, the youth sub-group and support sub-group sit on opposite sides of the room.
4. Place their 'adaptation challenge' answers in the middle, so both sub-groups can see.



Sub-groups sit on opposite sides of the room to prepare their proposal

5. Explain that each group will perform a 'Reality roleplay'.
  - a. The 'youth' sub-group will present their action plan to their 'support'

- sub-group, just like they would in real life.
- b. The 'support' sub-group will ask the 'youth' sub-group questions about the plan, just like they might do in real life.
  - c. The sub-groups are NOT allowed to discuss before the reality role play
6. Explain that it will be a competition! Judges want to see that key criteria have been considered by both the youth's presentation and by the support group's questions:
    - RELEVANCE: Is the plan relevant to youth and community priorities? Does it address the impacts of a relevant hazard?
    - REALISTIC: Can this plan be implemented by youth in 6 weeks?
    - CHALLENGES: Have potential challenges been sufficiently considered?
    - SOLUTIONS: Have solutions to the challenges been proposed?
    - TIME: *5 minutes to present. Minus 1 point for each minute over.*
  7. 10 minutes to prepare: Youth groups and support groups prepare separately.
    - a. Remind them that they can NOT discuss during preparation.
  8. Roleplay reality time! The three groups roleplay their action plans (see step 4)
  9. Judges should ask questions after each presentation.
    - a. BONUS! If the other 2 groups ask a good question they score a point.
  10. Judges combine scores and announce the winning group!

## Activity 3: Choose your Challenge!

1. Explain that the next 6 weeks is the Y-Adapt Action Phase, when you will implement your action plans in real life!
  - a. All the actions will be youth-led by yourselves, but we'll check in each week to see how you're getting on and if you need any support.
  - b. Each week we'd like you to share one photo that represents the actions taken that week – it can be positive or challenges.
  - c. We will make these into a photo diary to inspire other youth!
2. Check that youth are satisfied with their initial action plan topic
  - a. If they are more interested in another action, they can change groups.
3. When youth have made their final decision ask them to write their names and phone numbers on the back of the 'Adaptation Challenge' they have chosen.
4. Each group sets up a WhatsApp or other social media group of their choice, including a facilitator, so they can stay in contact
  - a. Facilitators can check-in and youth share a weekly photo via the group
5. Give the youth 5 minutes to discuss immediate next steps
  - a. When will they next meet to start their adaptation action plan?

- b. Where will they meet?
- c. Do they want to appoint one or two leaders?
- d. Do they want to assign specific roles to members of their group?
- 6. Groups should copy the 'Action phase time plan on their flipchart paper (see preparation step 7).
  - a. Groups should start to complete this time plan, assigning tasks.
  - b. Suggest that in their first meeting they can finalise this time plan.

## What's next?

1. Youth have 6 weeks to implement their action plans in their communities.
  - a. Youth should aim to meet once a week.
2. Communication with each other is via the WhatsApp / media groups.
  - a. Youth send their weekly photo and caption to facilitators via the group.
  - b. Facilitators check youth are making progress and remind youth to send their weekly photo-caption. They can offer support if needed.
3. When the action is complete, we'll all meet for a final Y-Adapt session.
  - a. We'll make your weekly photo-caption into photo diaries:

### Photo Diary: Dengue Campaign, led by Y-Adapt youth in Santa Rosa, Guatemala



- b. We'll record your actions in an adaptation card. Show youth a blank and completed card. It will be used to inspire youth across the world!

**Slow Drip Irrigation of Garden**

Image

Location: Indonesia

Important Person, Place, or Thing: School Garden

Hazard: Drought

Systems: Structure, Livelihood

What is the adaptation and how does it address the hazard?

The adaptation is: Plastic Bottle Slow Drip Irrigation System. Using a plastic bottle slow drip irrigation system uses less water and help to grow the garden during times of drought.

y-adapt

We got several 1 to 2 litre plastic soda bottles that still had the caps on them. Using a nail or needle we made small holes in the top of the cap.

We cut the bottom off the bottle and then buried the bottle upside down. We buried it close to plants, so the roots could get the water.

We then filled the bottle with water and put the bottom back on the bottle upside down so that dirt would not clog the holes.

y-adapt Designers!



**Title**

Drawing

Location

Important Person, Place, or Thing

Hazard

Systems

What is the adaptation and how does it address the hazard?

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Step 1

Step 2

Step 3

y-adapt Designers!

## Session 6 Closing

1. Congratulations, we have completed session 6 of Y-Adapt!
2. You have made a relevant and realistic plan of action to adapt important resources in your community, that are vulnerable to hazards and extreme weather.
3. You have critically thought through challenges and solutions, and who you may need support from.
4. Over the next 6 weeks you will implement your adaptation. You will share a photo and caption each week to document your activities. Facilitators will be ready if you need support. When the action(s) is complete, we will meet for our final Y-Adapt session to record your activities in a photo diary and adaptation card. These will inspire other youth across the world to take action!